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# The Art of Injectables

 **29<sup>th</sup>-30<sup>th</sup> March 2021**



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## Botulinum Toxin

- Introduction to the use of botulinum toxin in cosmetic practice
- Anatomy, neurophysiology and musculature of the maxillofacial area
- Indications and contraindications
- Overview of the most popular botulinum toxins available on the world market
- Patient evaluation for the best facial aesthetic outcomes. Patient selection, effective patients consultation and post procedure recommendations
- The best treatment techniques, proper preparation and dilution

### • Indications:

- Upper face- forehead lines, glabellar frown lines, eyebrows lifting, lateral canthal lines
- Midface- "gummy smile", nasolabial folds, "bunny lines", correction of the nasal tip and nostrils
- Lower face and neck - perioral lines, lips enhancement, "smile wrinkles" "marionette lines", wrinkled skin of the chin and chin fold, treatment of bruxism or/ and quadralized face, vertical neck bands
- Mesobotox in aesthetic practice. Rosacea and acne correction.
- Hyperhidrosis treatment

### • Gender differences

### • Side effects, management of possible complications

### • Integrating botulinum toxin and dermal filler therapy. Aesthetic treatment plan.

### • Principles of safety work

- live patients training including assessment, diagnosis, anatomical landmarks, treatment plan ( choosing of zone, layer, dilution and dose of product, technique of injection) and delivery of BTX



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## Dermal Fillers

- Anatomy of the face
- Age related changes of the face (bones, ligaments, muscles, fat compartments and skin)
- Manifestations of the upper face, midface and lower face aging.
- Hyaluronic acid fillers for facial aesthetic enhancement. Discussion of the extended range of HA dermal fillers including viscoelastic properties and expected results for patients.
- Approach to the rejuvenation of the face including various treatment options using dermal fillers.

### • Indications :

- Upper face (correction of the temporal hollowing, concavity of forehead)
- Midface (tear trough, cheek augmentation, nasolabial fold, non-surgical rhinoplasty)
- Lower face (enhancement of definition of the jawline, correction of the lips and perioral area, treatment of facial jowls and chin augmentation)
- Hands

### • Gender differences

### • Contraindications

### • Techniques of injection, using needle and cannula, pros and cons

### • Calcium Hydroxyapatite facial sculpting

### • Patient selection, effective patients consultation, patient preparation and post procedure recommendations

### • Early and delayed adverse effects. Dangerous zones. Management of complications of filler injections

### • Principles of safety work

### • live patients training including assessment, diagnosis, anatomical landmarks, treatment plan (choosing of area, layer, type and amount of product, technique of injectin) and delivery of filler



TURNING IDEAS INTO ACTIONS



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